

MegaSkill of the Month

August **Confidence- “Feeling Able to Do It”**

People learn by trying. When you try, you build confidence. If you have self-respect and respect for others, you have confidence. No one is confident all the time. We all feel confident when we see ourselves doing things, accomplishing, taking action, and having things turn out right. Not everything works out, but we do know nothing works if we don't try.

September **Motivation- “Wanting to Do It”**

People are born motivated, not bored. We come into the world eager, ready to learn new things. We are always learning. Being motivated means learning enough about something to get really interested in it so that you want to do it more often. When you get involved, you get motivated. Motivation is the ability to work against discouragement and keep going.

October **Effort- “Being Willing to Work Hard”**

People can change how hard they try to do something. Some things are hard for you and you must put forth more effort in order to complete a task. Other tasks seem easy for you, so it feels like you don't even have to try. Effort is important. It is the pleasure of accomplishment, that good feeling inside of you. Remember, failing is no crime, but not trying is.

November **Responsibility- “Doing What’s Right”**

Responsible people know what's right and do what's right. From taking care of your own belongings, or other people's belongings, carrying out jobs at home or at school, to making the right choices. Most of us want to be good; we want to feel good about ourselves. Just remember to stop and think about what the right thing is.

December **Initiative- “Moving Into Action”**

Initiative starts with a good idea, but the idea is not enough. You have to do something to make things happen. This takes practice. You have to ask questions and look for the answers. The sooner you start taking initiative, the sooner you will feel good about doing things for yourself.

January **Perseverance- “Completing What You Start”**

Some things can't be done in a rush because they take more time. Perseverance means that you need to stay with the job until it is completed. You need to show that you are willing to work and wait for results. People need perseverance in order to accomplish and create. Reaching a goal may take time and long days of effort and continuing work, but it's worth it!

February

Caring- “Showing Concern For Others”

Caring helps us learn from each other and to help each other. Knowing how to care is needed in our world today. People need to be able to recognize caring, to demonstrate caring, and to be a caring person without thinking. It is said that the more you give, the more you get back. People need to care, for themselves and for others.

March Teamwork- “ Working With Others”

Teamwork is necessary not just on a sports field. It is necessary in business and in a family. You use teamwork when you are working next to or near each other, or when each person is doing a different job as part of a large team effort. People who can work with other people well have learned to cooperate and be part of a team.

April

Common Sense- “Using Good Judgment”

People are not born with common sense. It is learned through experiences and practice. When you have common sense, you try to see things from more than one point of view. You need to be able to make good decisions about other people, time and even money that are the right ones for you.

May

Problem Solving- “ Putting What You Know and What You can Do Into Action”

People are not born problem solvers. You need practice in asking and answering questions. Making decisions is also a part of problem solving. Making decisions usually involves looking at the pros and cons of a situation. When you make a decision by yourself, you must bear the consequences-good or bad! Then you can learn what you can do differently next time.

May Focus- “Concentrating with a Goal in Mind”

When we focus upon something, we often times set a goal for ourselves to meet. Setting a goal and concentrating on it will help you find ways to meet the goal. When you focus on a goal you must work toward it and measure your progress along the way. Focus can help you accomplish things in life by taking things step by step.